



# Pool Noodle Archery Target Games

## Equipment



Hoop



Pool Noodle



## Tactical Focus

Proximity to Target

Avoiding Obstacles

Creating a Dynamic Reaction

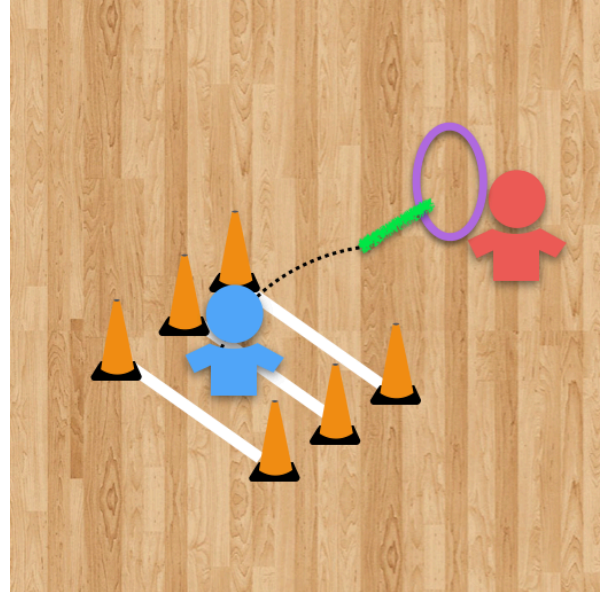
Defending Space/Objects

Getting Last Shot



## Description

- Divide students into small groups.
- Either hang or have one student hold a hula hoop at a distance from the ground chosen by the group.
- Groups set up three throwing lines at different distances from the hula hoop.
- One at a time, group members stand at one of the throwing lines and try to throw the pool noodle through the hula hoop.
- The further the line the more points are scored if noodle goes through hoop.



## Modifications (Change It!)



### Change it Up

Stand farther away from the target.  
Use a smaller hula hoop.  
Set up obstacles in front of the hula hoop.



### Change It!

Throw a different type of object.  
Vary the throwing skill - underhand or overhand.



### Change it Down

Stand closer to the target.  
Set up multiple hula hoops.  
Hit the hula hoop with the pool noodle to be successful



## Assessment



### Emerging

Player has difficulty throwing noodle through the hoop.



### Developing

Player can sometimes throw the noodle through the hoop.



### Competent

Player can successfully throw the noodle through the hoop.



### Proficient

Player can successfully throw the noodle through the hoop from a variety of distances.



## Questions

How does the force change when you throw from different distances?

How did you decide which throwing line to start at?

Did you change lines every throw? Why? Why Not?