

Serve it Up! Net & Wall Games

Equipment

- Net
- Balls
- Hoops



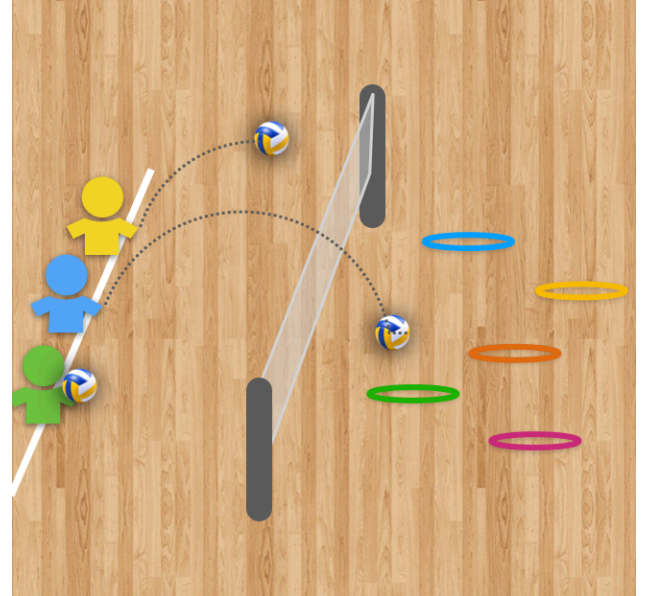
Tactical Focus

- Maintaining a Rally
- Winning a Point
- Setting Up for Attack
- Defend Space
- Defending Against Attack
- Restarting Play**



Description

- This game can be played as volleyball or any racquet sport.
- Hoops are set up on the opposite side of the net.
- Players aim to serve the ball into one of the hoops.
- Once a ball has landed in a hoop it is removed from the playing area.
- Teams count how many serves it takes to hit all the hoops.



Modifications (Change It!)

- Change it Up**
 - Decrease the size/number of hoops.
 - Increase the height of the net.
 - Increase the distance from which players serve.
- Change It!**
 - Use a tennis racquet/ball or badminton racquet/birdie.
 - Change skill to hitting/throwing.
- Change it Down**
 - Remove/lower the net.
 - Increase the size/number of hoops.
 - Decrease the distance from which players are serving.



Assessment

<p>Emerging</p> <p>Players have difficulty serving the ball towards the hoops and rarely get the ball in.</p>	<p>Developing</p> <p>Players can sometimes serve the ball successfully towards the hoops and sometimes get the ball in.</p>	<p>Competent</p> <p>Players can successfully serve the ball towards the hoops and get the ball in more times than not.</p>	<p>Proficient</p> <p>Players can consistently serve the ball into the hoops.</p>
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Questions

How can you position yourself to ensure you serve goes in the direction you want it to?

How does the position of the hoop affect the way you serve the ball?

How did you use feedback to improve your performance?